



Discover the gold standard in
hair restoration for men & women

THE ULTIMATE GETHAIRMD GUIDEBOOK

Advanced Hair Restoration Backed by

THE GOLD STANDARD OF CARE

Welcome to the GetHairMD program at New Jersey Plastic Surgery.

We are honored to be part of your hair restoration journey and look forward to helping you regain not only fuller, healthier hair, but also the confidence that comes with looking and feeling your best.

Led by internationally recognized plastic surgeon Dr. Barry DiBernardo, our practice is committed to delivering the most advanced, science-backed solutions in hair restoration for men and women. As a nationally respected educator, researcher, and Key Opinion Leader for GetHairMD, Dr. DiBernardo has helped shape the future of regenerative and aesthetic medicine for decades. His expertise, combined with the exceptional care provided by the New Jersey Plastic Surgery team, ensures that every patient receives a highly personalized experience tailored to their unique goals and needs.

As the first practice in New Jersey to offer this innovative hair restoration program, New Jersey Plastic Surgery combines cutting-edge technology with advanced medical expertise to provide a comprehensive approach to restoring lost hair and helping patients achieve natural-looking, confidence-boosting results. We understand that hair loss is deeply personal, which is why our approach goes beyond a one-size-fits-all solution. Using advanced diagnostic technology, innovative treatment protocols, and comprehensive restoration techniques, GetHairMD is designed to deliver long-term results with minimal downtime.

From your initial consultation through every phase of treatment, our experienced team will be by your side to answer questions, provide support, and guide you throughout your transformation. **We are proud to be part of your journey and look forward to helping you achieve results that feel as natural as they look.**



BARRY E. DIBERNARDO, MD, FACS
Board Certified Plastic Surgeon & NJPS Director

THE REALITY OF HAIR LOSS

By age 50, an estimated **50–85% of men and women will experience noticeable thinning or shedding**. Yet most of us are offered the same limited solutions and told to hope for the best. The problem? Hair loss isn't caused by a single factor and treating it with a single product or procedure rarely delivers meaningful results.

Up to 40% of men and women do not respond to Minoxidil.

Without testing, there's no way to know if you're one of them—meaning half the population using standard hair loss products may never see results.

GetHairMD changes that. Instead of relying on guesswork or one-dimensional treatments, GetHairMD uses a **multi-modality, diagnostic-driven approach** to hair restoration. By combining advanced scalp analysis, genomic testing, and a fully customized treatment plan, GetHairMD identifies the true cause of hair loss and treats it from multiple angles at once. **This comprehensive system is what makes GetHairMD the most effective non-surgical hair restoration solution available today—and why New Jersey Plastic Surgery offers it as the gold standard.**

Why GetHairMD is Different

A TRUE MULTI-MODALITY PROGRAM

Most hair loss treatments focus on one variable and hope for results. **GetHairMD is different by design.** It's a comprehensive, multi-modality system built to address hair loss from every angle—because that's how real results happen. Rather than relying on a single product or procedure, GetHairMD combines diagnostics, in-clinic technology, and at-home care to target multiple levels at once:

Advanced Hair Analysis & Genomic Testing

Identify the root cause of hair loss and determine which treatments you're most likely to respond to. We create a personalized treatment plan using advanced AI technology to track your hair growth and scalp health, along with genomic testing, to develop a prescription topical to target your unique hair growth needs.

In-Clinic Treatment

Medical-grade therapies designed to improve blood flow, follicle function, and scalp health. Our clinical treatment plan includes three technologies: low-level laser therapy (LLLT), follicular infusion with growth serums, and bioelectric stimulation. These non-surgical, non-invasive treatments enhance hair thickness and density with no downtime or side effects.

At-Home Treatments

Physician-guided prescription topicals, supplements, and care protocols that support consistent progress. Treatment continues at home with your personalized prescription topical along with your GetHairMD topical treatment spray, medical-grade shampoo and conditioner, and dietary supplement. All provided by NJPS to make your daily routine that much easier.

On-The-Go Care

Simple, portable tools that fit into real life—because consistency matters. Treat your hair anywhere. Take your low-level laser therapy (LLLT) mobile with our Dual Wave Energy Cap to supplement your in-clinic treatments. Utilize our LightSmart Cap outdoors to provide UV protection and effective red/near-infrared light therapy on the go.

HOW GETHAIRMD WORKS

01 Stop Further Hair Loss

GetHairMD targets the biological processes that cause thinning, including DHT sensitivity, where certain hair follicles are genetically prone to shrinking in response to hormones, as well as poor follicle metabolism. By stabilizing the hair cycle early, we preserve what you have and create a solid foundation.

02 Improve Scalp & Hair Health

Healthy hair starts with a healthy scalp. GetHairMD supports circulation, reduces inflammation, and balances the scalp microbiome—delivering nutrients follicles need to function at their best. The result is thicker, shinier hair that's better able to absorb—and respond to—subsequent growth therapies.

03 Regrow Hair

Once the scalp is optimized, GetHairMD activates growth using proven light-based technologies and therapies that boost blood flow and cellular energy to wake up dormant follicles and encourage thicker, fuller, stronger hair over time.

A Comprehensive Approach to

HAIR RESTORATION WITH GETHAIRMD

GetHairMD is built as a multi-modality system, combining advanced diagnostics, in-clinic technologies, and at-home therapies—because hair loss is never caused by just one factor. Each treatment plays a specific role, working together to protect existing hair, restore scalp health, and support long-term regrowth.

DIAGNOSTIC



HairMetrix Analysis

Advanced AI technology analyzes and tracks hair growth, thickness, and scalp health, providing detailed insights to create a personalized treatment plan for optimal results.



HairCodeRx Genomic Test & Personalized Prescription Topical

DNA analysis is used to create a personalized prescription topical treatment that targets your unique hair growth needs, ensuring the most effective solution for your hair restoration.

IN-CLINIC



Clinical Hair Growth Laser

Low-level laser therapy stimulates and heals hair follicles to promote new hair growth and strengthen existing hair. This non-invasive treatment is FDA approved, safe, effective, and requires no downtime.



CryoWave CX Needle-Free CO2 Infusion

This patented device delivers a soothing, needle-free CO₂ infusion that reduces pain, boosts absorption, and enhances serum delivery for smoother, healthier, more radiant results—without downtime or anesthesia. **Depending on your unique hair restoration needs, Cryowave CX will be paired with one or both targeted serums:**



TrichoBoost Activator Serum

In combination with Cryowave CX CO₂ micro-delivery, TrichoBoost serum delivers nutrients into the scalp, oxygenates follicles, and enhances topical absorption for stronger, healthier hair growth.



VITTI-PURE Structural Serum

This highly refined, clinical-grade protein serum is a more potent, consistent alternative to Platelet-Rich Plasma (PRP) designed to support tissue repair and rejuvenation. Its concentrated blend of structural proteins helps nourish and replenish the scalp, enhancing recovery, and promoting healthier, stronger hair growth.



HairCell Bioelectric Stimulation

HairCell is a breakthrough bioelectric therapy designed to support hair growth by improving scalp health and stimulating natural cellular activity. This comfortable, non-invasive treatment helps promote fuller, healthier-looking hair without surgery or recovery time.

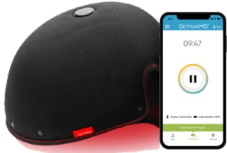
Continue Your Hair Restoration Journey

AT-HOME WITH GETHAIRMD

Your progress continues beyond the clinic with wearable, patented technologies, targeted vitamin supplementation, and physician-guided shampoo and topical spray. Together, these at-home therapies support follicle health, reinforce in-clinic results, and help maintain consistent momentum between visits.



AT-HOME WEARABLES



Dual Wave Energy Cap

Patented advanced technology delivers both red and orange light wavelengths to promote nitric-oxide production, block DHT, promote hair growth, and improve scalp health with convenient, at-home use.



LightSmart Cap

Patented to convert sunlight into IR therapy, boosting cellular energy and hair growth. Provides UPF 50+ protection and uses Cool Comfort Technology for comfortable red/NIR light therapy.

AT-HOME SUPPLEMENTATION & TOPICALS



GetHairMD Dietary Supplement

A once-daily dietary supplement formulated with patented Si+BioBetter™ Technology to deliver silicon in a monomethylsilanetriol (MMST) form to support healthy hair growth and structural integrity. It features a unique blend of bioavailable silicon (as MMST), essential vitamins, and minerals—each chosen to support biological processes involved in maintaining strong, vibrant hair.



GetHairMD Treatment Spray

Formulated with patented Tre-Bio Complex—a combination of organic silicon, active botanicals, and biomimetic peptides nourish the scalp and support the appearance of fuller, healthier-looking hair. This lightweight, leave-in formula absorbs quickly without buildup for refreshed daily care.



GetHairMD Shampoo

Features the patented Tre-Bio Complex with organic silicon, botanicals, and biomimetic peptides to purify the scalp, strengthen hair, and deliver soft, manageable shine for a healthier-looking finish.



“Nothing has had the effect like I’ve experienced with this hair growth program.”

—DANNY G.

No Pain. No Needles. No Downtime.

GETHAIRMD PROGRAM RESULTS

MEN



BEFORE

AFTER



BEFORE

AFTER



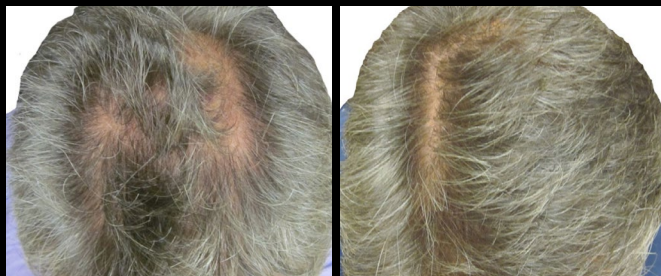
BEFORE

AFTER



BEFORE

AFTER



BEFORE

AFTER

WOMEN



BEFORE

AFTER



BEFORE

AFTER



BEFORE

AFTER



BEFORE

AFTER



BEFORE

AFTER

GETHAIRMD ADVANCED HAIR RESTORATION PACKAGE

A Multi-Faceted Approach to Regrow Hair

THE SCIENCE + TECHNOLOGY + EXPERTISE BEHIND YOUR TREATMENT PLAN

DIAGNOSTIC TESTS



HairMetrix Analysis (3 Quarterly Sessions)

Your 12-month hair restoration journey begins and ends with our patented HairMetrix—the first AI-driven, fully automated, real-time hair analysis tool that enables precise treatment planning and objective progress tracking. Performed at the start of your program and again at 4, 8, and 12 months, it measures Anagen/Telogen ratios, growth rate, and Terminal/Vellus hair counts to provide a clear, data-driven view of hair loss, regrowth, and overall program response.



(1) HairCodeRx Genomic Test

(Plus optional 12-month personalized compounded topical available at additional cost for home application)

This in-office genetic swab test analyzes how your unique genes influence hair growth and response to treatments. Using pharmacogenomics, results help identify the safest and most effective ingredients and dosages for your individual biology. Based on these findings, an optional personalized topical prescription is formulated and shipped directly to your home to enhance your hair regrowth results.

AT-HOME TREATMENTS



(1) LightSmart Hair Rejuvenation Cap

A wearable, outdoor hair therapy cap that converts sunlight into therapeutic red and near-infrared light using patented nanotechnology. It supports scalp health, improves cellular energy, and promotes healthier hair growth while providing UPF 50+ sun protection. Designed for daily, unrestricted use by both men and women.



GetHairMD Dietary Supplement

(12-Month Supply/4 Bottles)

A once-daily tablet featuring Si+BioBetter™ Technology with highly bioavailable organic silicon, vitamins, and minerals to support collagen and keratin production for stronger, healthier hair



GetHairMD Shampoo

(Approx. 12-Mo. Supply/6 Bottles)

A gentle, cleansing shampoo that removes impurities while supporting scalp balance. Powered by the patented Tre-Bio Complex™, it helps hair appear fuller, shinier, and healthier with regular use.



GetHairMD Treatment Spray

(Approx. 12-Mo. Supply/6 Bottles)

A lightweight, leave-in scalp spray formulated with Tre-Bio Complex™ and botanical extracts to invigorate the scalp and promote the appearance of thicker, fuller hair. Applied twice daily to targeted areas.

AT-HOME TREATMENTS (CONTINUED)



(1) Dual Wave Energy Cap

This FDA-cleared, lightweight, non-invasive cap delivers red and orange LED light therapy to stimulate hair growth and improve hair thickness. Used just 10 minutes per day and guided by a mobile app, it safely increases blood circulation, oxygen delivery, and follicle activity at home or on the go.

IN-OFFICE TREATMENTS



Clinical Hair Growth Laser

(12-month Membership: 20–30-minute Sessions, up to 3x / Week)

This FDA-cleared, medical-grade laser treatment is widely considered the gold standard for non-surgical hair restoration. Low-level laser energy helps heal and energize weakened follicles, increase blood flow and nutrient delivery, reduce inflammation and harmful DHT, and support stronger, healthier hair growth. Patients typically see reduced shedding first, followed by thicker, fuller hair and visible regrowth, with clinical success rates exceeding 90%. Our experts will recommend specific scheduling.



CryoWave™ CX

(With Serum pairing frequency noted below)

CryoWave CX uses controlled carbon dioxide (CO2) flow to deliver therapeutic serums deep into the scalp through a gentle, cooling micro-massage. This process improves circulation, oxygen delivery, and nutrient absorption to create an optimal environment for hair growth and scalp health.



• TrichoBoost™ Serum (12 Sessions)

This proprietary botanical serum targets micro-inflammation and helps awaken dormant follicles and support visible hair regrowth naturally.



• VITTI-PURE Serum (4 Sessions)

A medical-grade regenerative serum derived from ethically sourced umbilical cord tissue, rich in growth factors and exosomes. Used with CryoWave CX, it supports tissue repair, improves scalp circulation, and encourages follicles to enter active growth phases for thicker hair.



HairCell™ Bioelectric Stimulation (4 Sessions)

This FDA-cleared bioelectric therapy uses precisely tuned electrical signals to reactivate natural regenerative pathways in the scalp. HairCell BioStim improves circulation, nutrient delivery, and cellular repair to support follicle longevity and healthier, fuller hair over time.

GETHAIRMD MODERATE HAIR RESTORATION PACKAGE

A Multi-Faceted Approach to Regrow Hair

THE SCIENCE + TECHNOLOGY + EXPERTISE BEHIND YOUR TREATMENT PLAN

DIAGNOSTIC TESTS



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AT-HOME TREATMENTS



(1) LightSmart Hair Rejuvenation Cap

A wearable, outdoor hair therapy cap that converts sunlight into therapeutic red and near-infrared light using patented nanotechnology. It supports scalp health, improves cellular energy, and promotes healthier hair growth while providing UPF 50+ sun protection. Designed for daily, unrestricted use by both men and women.



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(12-Month Supply/4 Bottles)

A once-daily tablet featuring Si+BioBetter™ Technology with highly bioavailable organic silicon, vitamins, and minerals to support collagen and keratin production for stronger, healthier hair.



GetHairMD Shampoo (Approx. 12-Mo. Supply/6 Bottles)

A gentle, cleansing shampoo that removes impurities while supporting scalp balance. Powered by the patented Tre-Bio Complex™, it helps hair appear fuller, shinier, and healthier with regular use.



GetHairMD Treatment Spray

(Approx. 12-Mo. Supply/6 Bottles)

A lightweight, leave-in scalp spray formulated with Tre-Bio Complex™ and botanical extracts to invigorate the scalp and promote the appearance of thicker, fuller hair. Applied twice daily to targeted areas.

IN-OFFICE TREATMENT



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(With Serum pairing frequency noted below)

CryoWave CX uses controlled carbon dioxide (CO2) flow to deliver therapeutic serums deep into the scalp through a gentle, cooling micro-massage. This process improves circulation, oxygen delivery, and nutrient absorption to create an optimal environment for hair growth and scalp health.



• TrichoBoost™ Serum (9 Sessions)

This proprietary botanical serum targets micro-inflammation and helps awaken dormant follicles and support visible hair regrowth naturally.



• VITTI-PURE Serum (2 Sessions)

A medical-grade regenerative serum derived from ethically sourced umbilical cord tissue, rich in growth factors and exosomes. Used with CryoWave CX, it supports tissue repair, improves scalp circulation, and encourages follicles to enter active growth phases for thicker hair.



HairCell™ Bioelectric Stimulation (4 Sessions)

This FDA-cleared bioelectric therapy uses precisely tuned electrical signals to reactivate natural regenerative pathways in the scalp. HairCell BioStim improves circulation, nutrient delivery, and cellular repair to support follicle longevity and healthier, fuller hair over time.



GETHAIRMD EARLY HAIR RESTORATION PACKAGE

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THE SCIENCE + TECHNOLOGY + EXPERTISE BEHIND YOUR TREATMENT PLAN

DIAGNOSTIC TESTS



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(1) HairCodeRx Genomic Test

(Plus optional 12-month personalized compounded topical available at additional cost for home application)

This in-office genetic swab test analyzes how your unique genes influence hair growth and response to treatments. Using pharmacogenomics, results help identify the safest and most effective ingredients and dosages for your individual biology. Based on these findings, an optional personalized topical prescription is formulated and shipped directly to your home to enhance your hair regrowth results.

AT-HOME TREATMENTS



(1) LightSmart Hair Rejuvenation Cap

A wearable, outdoor hair therapy cap that converts sunlight into therapeutic red and near-infrared light using patented nanotechnology. It supports scalp health, improves cellular energy, and promotes healthier hair growth while providing UPF 50+ sun protection. Designed for daily, unrestricted use by both men and women.



GetHairMD Dietary Supplement

(12-Month Supply/4 Bottles)

A once-daily tablet featuring Si+BioBetter™ Technology with highly bioavailable organic silicon, vitamins, and minerals to support collagen and keratin production for stronger, healthier hair.



GetHairMD Shampoo (Approx. 12-Mo. Supply/6 Bottles)

A gentle, cleansing shampoo that removes impurities while supporting scalp balance. Powered by the patented Tre-Bio Complex™, it helps hair appear fuller, shinier, and healthier with regular use.



GetHairMD Treatment Spray

(Approx. 12-Mo. Supply/6 Bottles)

A lightweight, leave-in scalp spray formulated with Tre-Bio Complex™ and botanical extracts to invigorate the scalp and promote the appearance of thicker, fuller hair. Applied twice daily to targeted areas.

IN-OFFICE TREATMENTS



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(12-month Membership: 20–30-minute Sessions, up to 3x / Week)

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GETHAIRMD HEALTHY HAIR MAINTENANCE PACKAGE

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GETHAIRMD REMOTE HAIR RESTORATION PACKAGE

A Multi-Faceted Approach to Regrow Hair

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HairMetrix Analysis (3 Quarterly Sessions)*

**NOTE: Additional session completed prior to package purchase.*

Your 12-month hair restoration journey begins and ends with our patented HairMetrix—the first AI-driven, fully automated, real-time hair analysis tool that enables precise treatment planning and objective progress tracking. Performed at the start of your program and again at 4, 8, and 12 months, it measures Anagen/Telogen ratios, growth rate, and Terminal/Vellus hair counts to provide a clear, data-driven view of hair loss, regrowth, and overall program response.



(1) HairCodeRx Genomic Test

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AT-HOME TREATMENTS



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(1) LightSmart Hair Rejuvenation Cap

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Personalized Prescription Topical

(Approx. 12-Mo. Supply/4 Bottles)

Following your HairCodeRx Genomic Test, our laboratory analyzes your specific genetic markers associated with hair growth and treatment response to identify the most effective active ingredients for you. Using this genomic profile, a customized topical prescription is developed to optimize treatment efficacy based on your unique genetic make-up. Upon physician authorization, this personalized topical is dispensed and shipped directly to your home.



GETHAIRMD FAQ

Q. Is GetHairMD just for men?

A. No, GetHairMD is available for men and women who are experiencing hair loss.

Q. What causes hair loss, and is it always genetic?

A. While genetics (androgenetic alopecia) is the most common cause, hair loss can also be driven by hormonal changes, nutritional deficiencies, stress, certain medications, scalp conditions, and aging. The key is a proper diagnosis so we can match you with the most effective treatment plan.

Q. Is hair loss permanent, or can it be reversed?

A. Many types of hair loss can be slowed, stopped, or even reversed—especially with early intervention. The earlier you start treatment, the more hair you can preserve and regrow.

Q. How long does it take to see results?

A. Most patients notice reduced shedding within 1–3 months, with visible regrowth often appearing around 4–6 months. Full results may take 9–12 months.

Q. Are these hair loss treatments safe?

A. Yes. All devices are FDA-cleared, non-invasive, and have excellent safety profiles. Most patients experience no side effects.

Q. Do these treatments hurt, and is there downtime?

A. No. Treatments are painless, require no recovery time, and allow you to return to your normal activities immediately.

Q. Will I need ongoing treatments to maintain results?

A. Yes. Hair loss is a progressive condition, so ongoing maintenance is key to preserving your gains. After completing an intensive 6 or 12-month program, you should still maintain healthy lifestyle habits and routines at home (shampoo, prescription topical, etc) along with regular in-clinic visits throughout the year, even if just quarterly.

Q. Can GetHairMD help maintain my results after FUE hair transplant surgery?

A. Yes. For patients who undergo FUE hair transplant at NJPS, GetHairMD can provide customized maintenance treatments to help strengthen, preserve, and support the health of existing and transplanted hair long-term.

Q. How much does GetHairMD cost?

A. The cost of your GetHairMD treatment will depend on the individual and the specific plan chosen.

Q. Still have questions?

A. A personalized consultation is the best place to get clear answers and determine if GetHairMD is right for you.

[REQUEST A CONSULTATION](#)



NEW JERSEY®
PLASTIC SURGERY

LET'S TALK HAIR

Your Next Step Starts Here

Thank you for taking the time to explore the GetHairMD program, treatment options, and pricing. We hope you feel informed, confident, and ready to take the next step toward addressing hair loss with a solution designed around you.

At NJPS, our GetHairMD packages are built to deliver the most effective, personalized approach to hair restoration—combining advanced diagnostics, proven treatments, and expert guidance to support real, long-term results.

COMPLIMENTARY HAIR & SCALP HEALTH ANALYSIS

— A \$200 Value—On Us When You Book a GHMD Consultation —



We invite you to schedule your GetHairMD New Patient Consultation. A \$100 deposit reserves your appointment and will be applied toward your GHMD treatment plan should you choose to move forward. As part of your consultation, you'll also receive a complimentary AI-powered HairMetrix hair and scalp analysis—a \$200 value.

Using advanced imaging technology, we assess hair density, thickness, and scalp condition to give you a clear, visual understanding of what's happening—right from the first scan. This non-invasive, painless consultation combines expert clinical insight with objective data, allowing us to create a personalized GetHairMD plan for hair restoration, scalp health, and preventative care.

No pressure. No guesswork. Just clear answers you can trust.

CLAIM YOURS NOW!